



### Elections Alberta 2023

Alberta's provincial election is taking place this spring. While ARTA is a non-partisan organization, we have a mandate to act as an advocate for seniors and retirees in Alberta. As part of this mandate, during every election cycle, ARTA makes efforts to inform our membership of the political conversations, issues, and platforms that impact seniors and retirees.

Once the election is called, we will be asking the same set of questions to each registered political party, and we will share their responses on the advocacy page of our website. These questions reflect issues of importance to the well-being of seniors in this province, and we encourage you to present the same questions to candidates in your own voting districts as well.

As each party responds or declines to respond, we will update the page and post a notification on ARTA's social media channels. We encourage you to take the time to read through each response so that you can make an informed decision when Election Day arrives.

**ALBERTA ELECTION**



### Writing Contest: Crafting a Travel Vignette

It won't be long until the 2023 edition of ARTA's annual writing contest will be open for submissions. As usual, the contest will invite ARTA members to submit their own original poetry, works of fiction, and travel vignettes.

It's easy to imagine the winners of past writing contests being life-long writers and storytellers, but that's not always the case. In fact, the winner of the 2022 travel vignette category, Charlotte Parker, doesn't consider herself to be much of a writer at all, just someone who took a chance, put in the work, and told her own story.

Find out more about Charlotte's winning strategy and how to craft the perfect Travel Vignette.

**READ MORE**

 	<p><b>Building on our commitment to support ARTA members from day one.</b></p>	<p><i>"It's very rewarding to work closely with ARTA members and find the insurance products and services that suit their needs."</i></p> <p><i>Laurie Bauer,</i> <i>TW Business Development Manager</i></p> 	<p><b>Learn more ▶</b></p>
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## HARTA's May Mini-Conference

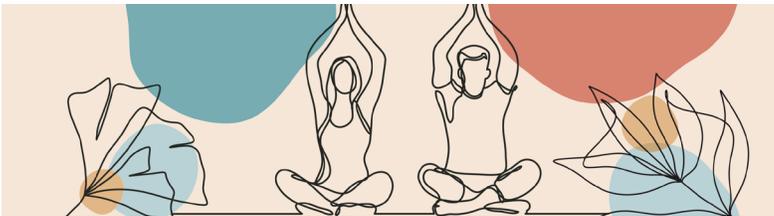
**Tuesday, May 9 @ 9:00 am**  
**St. David's United Church**  
**4614 - 48 Street,**  
**Leduc AB, T9E 5X7**

The Conference will consist of a keynote address and four sessions:

- Establishing a School using the Alberta Curriculum in India
- Money Mentors
- Exercising for Health
- Touring South America and the Antarctic

More details are available on the HARTA website.

**REGISTER NOW!**



## 2023 Wellness Challenge

ARTA's 2023 Wellness Challenge runs from April 1 until June 30. Each day, participants can earn an activity check mark by tracking at least thirty minutes of activity during that day. Submit a picture of your completed activity calendar each month to [contests@arta.net](mailto:contests@arta.net) for your chance to win fantastic draw prizes. For more information, and for some ideas on how to get active, visit the link below.

**WELLNESS CHALLENGE**

**merit travel**  
**Sail away with us!**  
 Book your 10-night France Avalon River Cruise today!  
 Don't miss this exclusive 2024 group departure.  
 Speak with a Merit Travel Consultant for further details.



## 2023 Golf Tournament

Dust off the golf clubs and press your golf attire. The ARTA Golf Tournament is approaching and hosted by the South Western Alberta Retired Teachers' Association (SWARTA) branch.

**June 21st @ 1:00 pm**  
**Picture Butte Golf Club**  
**104082 Range Rd 215,**  
**Picture Butte, AB T0K 1V0**

Fun! Dinner! Prizes! Visit the SWARTA website for more information and to register.

**REGISTER NOW!**



**Next golf cart you rent, please get one with a windshield.**



## Healthy Mind, Healthy Body

The Wellness Committee at ARTA is committed to providing our members with information on staying well in retirement. This month's article is about continuing to challenge your mind and your body as regular maintenance.

Each month a committee member will provide our members with helpful information on emotional, spiritual, intellectual, physical, financial, or social wellness.

[READ MORE](#)



## ARTA Scholarships

Applications for the ARTA-TW Insurance Degree Scholarship and the ARTA Certificate/Diploma Scholarship are welcome from direct relatives (children, grandchildren, 1st and 2nd generation nieces and nephews) of current ARTA members. For more information, please visit the ARTA Scholarship webpage.

[SCHOLARSHIPS](#)

**HearingLife** | National Affiliated Partners | **ARTA**  
ALBERTA RETIRED TEACHERS ASSOCIATION

Take the group chat offline  
Better hearing helps you connect with the world around you  
Use promo code: **ENS-FHT-ARTA**

[Book Your FREE Hearing Test](#)

Know a teacher who is still in the classroom? They are eligible to join the Association as ARTA 101 members. Among other perks, ARTA 101 membership gives active teachers access to two scholarship categories to help fund their continuing education, or the post-secondary education of their direct family members.

[LEARN MORE ABOUT ARTA 101](#)

### STAY CONNECTED and ENGAGED!

Hungry for more great ARTA content? Share your stories or comments at [marketing@arta.net](mailto:marketing@arta.net). Give us a call at 1-855-212-2400 or check us out online!

[ARTA.net](http://ARTA.net)

[ARTA LINKS](#)

[ARTA !\[\]\(28f72b996fc97883dfd9d4e8b1b16b4e\_img.jpg\)](#)