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AUGUST 2023



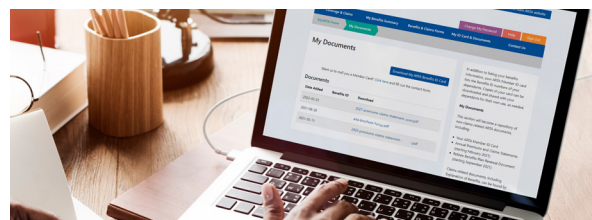
## ALBERTA RETIRED TEACHERS' ASSOCIATION NEWSLETTER



### Website Revamp

Our organizational website, [arta.net](https://arta.net), has been completely redeveloped to make it easier to navigate and find the information you need. The home page features quick links to book an appointment with our member services team (both in-person or virtually), as well as to log on to [myarta.net](https://myarta.net). The menu has been simplified to provide quick access to the Benefit Plans, pharmacy, ancillary membership advantages, and news & events. The home page now features a prominent search bar and an "I Want To" drop-down menu, which will take you to the most frequently requested information. The website is fully compatible for use on mobile devices (including smartphones and tablets) and has been built to comply with the highest standards in accordance with the web content accessibility guidelines.

We hope this enhanced [arta.net](https://arta.net) experience, combined with the [artabenefits.net](https://artabenefits.net) and [myarta.net](https://myarta.net) websites, provides you with all the information you need about your ARTA membership, in an easily accessible format.



### Renewal Statement Distribution

Benefit plan renewal season is almost upon us. ARTA re-evaluates our benefit plans, making updates to coverage in response to member feedback that we received and evaluated throughout the previous year. This is also the time when we adjust rates to ensure that the ARTA Benefit Plans can remain sustainable in the long term.

All members will have their renewal statements posted to their MyARTA account no later than September 30, and a paper copy will be mailed out to all members no later than October 15. Please follow the instructions in your renewal statements, and if you have any questions, contact ARTA's Member Services team at [info@arta.net](mailto:info@arta.net) or by calling 1-855-444-ARTA (2782) or 780-989-8709.



Soon to become



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## Summer Student Program — Janessa Borrelli

This summer, ARTA welcomed a new summer student to work with the Member Services team, gaining real-world work experience, all while earning money to help fund their next school year.

Janessa Borrelli has been studying to become a speech language pathology assistant, a two-year diploma program at MacEwan University in Edmonton. Before she returns to school in September, we sat down with her to ask her about her four months at ARTA, and how it has changed her perspective on her own career path.

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## 2024 Wellness Planner

The ARTA Wellness Planner is back with another installment, due to popular demand! The 2024 edition features tips and resources on a variety of wellness topics, as well as an agenda running from January to December 2024. These planners are limited in supply and are available on a first-come, first-served basis. There is a limit of one book per member. You can request your own Wellness Planner, for free, through the link below.

[PLACE YOUR ORDER](#)



## Volunteer Stories Wanted

Do you have experience volunteering in a food-related space? Food banks, community kitchens, or anything in between, we want to hear about how you've devoted your retirement to food, in the service of others. If you have a story to share, please email a statement of interest to [nveditor@arta.net](mailto:nveditor@arta.net) containing your name, a short description of your volunteer experience, and how long you've been volunteering in this role. Select stories may appear in an upcoming issue of *news&views*.



## Office Closures

The ARTA office will be closed on Wednesday, August 30 for a staff development day and will reopen on Thursday, August 31. The ARTA**Rx** pharmacy will remain open during this time.

The ARTA office and ARTA**Rx** pharmacy will both be closed on Monday, September 4 in recognition of Labour Day, to reopen on Tuesday, September 5.



### NEW EXCLUSIVE LONGSTAY PROGRAMS ARE BACK!

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## The Westley Hotel

The Westley Hotel is a small boutique hotel in Calgary offering a one-of-a-kind space for business and pleasure. With 104 stunning rooms, enjoy a nice relaxing stay at The Westley Hotel!

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## Vessi

100% waterproof shoes so you can feel confident, connected, and ready to welcome the water. a patented knit material with an integrated layer that allows the sweat and heat to escape so your feet can breathe, but still keep all the elements out.

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## GROSCHÉ

Upgrade your homebrew with GROSCHÉ — a Canadian family-owned coffee, tea, and hydration brand on a mission to change the world, one cup at a time. They're known for quality coffee makers, coffee grinders, teapots, glassware, and more.

The best part: Every GROSCHÉ product sold provides over fifty days of safe drinking water to those in need via the GROSCHÉ Safe Water Project.

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## Paris Jewellers Canada

Paris Jewellers is a jewellery company founded by a mother who immigrated to Canada from Vietnam with her two young daughters. From humble beginnings, the brand has grown to encompass twenty-three stores nationwide and is known for its craftsmanship.

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## MagicBus Tours

MagicBus Tours is a ski tour operator in Edmonton specializing in experiences to western Canadian ski areas. All our tours are conducted in luxury motorcoaches, ensuring a smooth and relaxing journey to your destination.

Join us at MagicBus Tours for a ski trip on our family-friendly coaches, free from the burdens of driving or waiting in lift lines to grab your tickets. Let us take care of the logistics while you focus on carving through fresh powder and creating memories.

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## StumpCraft

StumpCraft is a jigsaw puzzle workshop based out of Calgary, Alberta. We locally craft laser-cut, heirloom-quality puzzles. Puzzles are a vehicle for art appreciation, family quality time, downtime from distraction, brain exercise, and fun! Art for StumpCraft puzzles is selected in collaboration with local artists across Canada, as well as estates, museums and art galleries with a deliberate focus on Canadian fine art.

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## GoodLife Fitness

With over 1,400,000 members and 200+ clubs, GoodLife is Canada's largest and only national chain of fitness clubs.

GoodLife is committed to providing exceptional service to help our members reach their health and fitness goals through activities such as group fitness, personal and team training and specialty programs. Our vision is to help every Canadian lead a fit and healthy good life.

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### Vine 49

Vine 49 is a local wine touring company in Kelowna, BC, dedicated to providing unforgettable experiences through expertly guided tours of the Okanagan Valley’s best wineries.

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### Fairmont Hot Springs

Nestled amidst the Rocky Mountains of British Columbia, Fairmont Hot Springs Resort is a destination known for its beauty and hot springs. This resort offers a blend of outdoor adventures, relaxation, and luxurious accommodations, making it an idyllic retreat for travellers seeking tranquility and indulgence.

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### ARTA Branches Breakfasts

Many of ARTA’s local branches host a “No Bells” breakfast to mark the return of the school year — if you’re interested in meeting retired teachers near you and celebrating “not” returning to school, connect with your local branch to find out more!

ARTABRANCHES.NET

Wolf Creek - Aug 30

Northwest - Sep 5

Central - Sep 6

Elk Island - Aug 31

Wainwright - Sep 5

Southwest - Sep 7

Central East - Sep 5

Foothills - Sep 5

Heartland - Sep 15



Last month, the ARTARx pharmacy announced preferential pricing on Freestyle Libre and Freestyle Libre 2 sensors purchased through the pharmacy. This pricing is available to anyone who visits the pharmacy, whether they are ARTARx Benefit Plan members or not. It is important to note, ARTA Benefit Plan coverage for Freestyle Libre, Freestyle Libre 2, and other flash or continuous glucose sensors remains the same. Only those members who actively use insulin at the time of purchase are eligible for sensor coverage. As well, all claims are still subject to diabetes supplies maximums.

The only thing that has changed is the price of the sensors when purchased through the ARTARx pharmacy — now \$99.97 per sensor.



### ARTA Golf Tournament Update

SWARTA hosted a total of eighty-eight golfers plus sponsors at the Picture Butte Golf Club to enjoy a wonderful day of sunshine. Thank you to all the sponsors, donors, golfers, volunteers, and the golf course staff. Due to everyone’s generosity, \$4,600 was raised for the Alberta Retired Teachers Charitable Foundation, which will go to help seniors across Alberta find appropriate housing, health services, and support with English as a second language.

SEE FULL UPDATE



## Volunteering Within Your Limits

The Wellness Committee at ARTA is committed to providing our members with information on staying well in retirement. This month's article is about the commitment of volunteering.

Each month a committee member will provide our members with helpful information on emotional, spiritual, intellectual, physical, financial, or social wellness.

[READ MORE](#)



## ARTA Writing Contest Reminder

What's your story? The ARTA Writing Contest is accepting submissions of short fiction, poetry, and travel vignettes until November 17, 2023. Winning entries will be published in an upcoming issue of news&views. For full contest details and instructions on how to submit, visit the link below.

[WRITING CONTEST](#)



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## STAY CONNECTED and ENGAGED!

Hungry for more great ARTA content? Share your stories or comments at [marketing@arta.net](mailto:marketing@arta.net).  
Give us a call at 1-855-212-2400 or check us out online!

[ARTA.net](http://ARTA.net)

[ARTA LINKS](#)

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