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DECEMBER 2023



ALBERTA RETIRED TEACHERS' ASSOCIATION NEWSLETTER



Claim Submission Reminder

If you are covered under the ARTA Benefit Plans, this is your friendly reminder to submit your health and dental claims incurred during the 2022 calendar year by December 31, 2023. Any 2022 claims submitted after December 31, 2023, are no longer eligible for coverage.

FILE YOUR CLAIM



2023 Premium & Claim Statements

2023 Premiums & Claims Statements will be available through your MyARTA account no later than February 28, 2024.

They will include all claims submitted before December 31, 2023, so make sure to submit your claims before then if you would like them reflected on your statement for tax purposes.



ATRF Annual Report 2023

The next Pension & Financial Wellness webinar will be on January 9, 2024 at 1 p.m. This webinar will be of interest to retired teachers, as it pertains to the health and longevity of pensions for teachers in Alberta, and will be presented by the Alberta Teachers' Retirement Fund (ATRF). To register for this webinar, click the button below.

REGISTER TODAY



news&views

The Winter 2023 issue of *news&views* is available online now, and it's all about food! You can find articles about learning to cook in retirement, being a foodie abroad, how to make a difference feeding your community, and much more!

READ IT NOW



ARTA
ALBERTA RETIRED
TEACHERS' ASSOCIATION

“
**Exclusive savings and discounts
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Chantel Tonner R.I.B.
Sales and Service Assistant Manager



Red Deer Rebels

The Red Deer Rebels are a major junior hockey team based in Red Deer, Alberta. The Rebels are members of the Western Hockey League and play home games at the Peavey Mart Centrium.

[VIEW OFFER](#)

JAN
20


vs


RED DEER PRINCE ALBERT

FEB
26


vs


EDMONTON LOS ANGELES

FEB
19


vs


EDMONTON MEDICINE HAT

MAR
16


vs


EDMONTON COLORADO



Season of Giving

Are you feeling inspired by the season of giving? Why not make a donation to the Alberta Retired Teachers Charitable Foundation (ARTCF)? Year after year, ARTCF helps to fund programs in Alberta that help seniors access secure housing, health resources, and English as an Additional Language education. Your donation could make a huge difference in the lives of Alberta's seniors this holiday season.

To find out more about ARTCF, and to donate, click the link below.

[GIVE TODAY](#)


Five Sometimes Overlooked Ways to Save On Taxes

Are you making the most of your potential tax savings? Read the latest article from ARTA's Pension & Financial Wellness Committee to learn about some simple ways you can optimize your taxes next year.

[READ MORE](#)




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Whichever path down the mountain calls to you,
We wish you a journey straight and true.
May your winter days be mirthful and light,
And nights by the fire cozy and bright.

HAPPY HOLIDAYS
from ARTA,
we'll see you on the next peak.



Empowering Retirees to Combat Misinformation & Hate — A Role to Play!

The Wellness Committee at ARTA is committed to providing our members with information on staying well in retirement. This month's article focuses on how misinformation is endangering stability and how we relate and act towards one another. Each month a committee member will provide our members with helpful information on emotional, spiritual, intellectual, physical, financial, or social wellness.

[READ MORE](#)



JOIN OUR
D-DAY 80th Anniversary Tour

with historian and bestselling author Ted Barris

Departure: May 15-26, 2024

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Holiday Hours

The ARTA Office will be closed from December 23 to January 1 for the holiday season, resuming regular hours on January 2. While we will not be able to accommodate in-person visits during this time, we will still be monitoring our inbox and keeping our phone lines open from December 27-29 to assist members.

The ARTA**Rx** Pharmacy will also be open from December 27-29, though it will be closing each day at 3 p.m. If you need any prescription refills during the Christmas or New Years weekends, please contact the pharmacy to arrange to get them in advance.

STAY CONNECTED and ENGAGED!

Hungry for more great ARTA content? Share your stories or comments at marketing@arta.net.
Give us a call at 1-855-212-2400 or check us out online!

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ARTA LINKS

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