

MAY 2023



ALBERTA RETIRED TEACHERS' ASSOCIATION NEWSLETTER



2023 Wellness Challenge

Are you tracking at least thirty minutes of heart-pumping activity per day? If not, you still have time! ARTA's 2023 Wellness Challenge runs until June 30. Submit a picture of your completed calendar to contests@arta.net for your chance to win random draw prizes. All ARTA members are eligible to win. Visit the link below for more details.

WELLNESS CHALLENGE



2023 Golf Tournament

There are a few spots remaining for the ARTA Golf Tournament hosted by the South Western Alberta Retired Teachers' Association (SWARTA) branch.

June 21st @ 1:00 pm
Picture Butte Golf Club
104082 Range Rd 215,
Picture Butte, AB T0K 1V0

Fun! Dinner! Prizes! Visit the SWARTA website for more information and to register.

The deadline to register is **June 11th**. Register now before it's too late!

GOLF TOURNAMENT



Scholarships Reminder

Applications for the ARTA-TW Insurance Degree Scholarship and the ARTA Certificate/Diploma Scholarship are welcome from direct relatives (children, grandchildren, 1st and 2nd generation nieces and nephews) of current ARTA members. For more information, please visit the ARTA Scholarship webpage.

SCHOLARSHIPS

DID YOU KNOW?

131 members submitted their Wellness Challenge April calendars to win last month's prize — make sure to submit your May calendar by June 5!

Stay in destination for up to 28 nights!
2023 & 2024 HOSTED AND NON HOSTED TOURS ARE COMING SOON!

MeritTravel.com/ARTA | 1-844-408-1770



Alberta wildfires — TW is here to help

Wildfires are dangerous and are becoming more common across Alberta. If an evacuation is ordered for your region, finding the right information will keep you safe. TW is here to help and following these tips will help protect your family and home.

In the past, the Government of Alberta has created designated evacuation routes to provide a safe and efficient corridor out of harm's way. For the most up-to-date information on the province's evacuation plan, please visit emergencyalert.alberta.ca.

Valid policyholders have coverage for fire, smoke, and water damage as a result of a wildfire. To learn more about your specific coverage, please call TW at 1-855-894-2872.

For the most current Alberta wildfire insurance information, the Insurance Bureau of Canada is a great resource. Click below for details.

IBC ALBERTA FIRES

As always, your safety is a priority. Here are some things TW recommends you keep in mind as you prepare for the re-entry process.

BEFORE YOU RETURN HOME



Photo Contest Reminder

This is your final reminder that the deadline for the 2023 Photo Contest is 4:00 p.m., May 31, 2023.

The categories for 2022 are:

- Travel
- Nature
- Well-Aged
- Contrast

For full contest rules, submission guidelines, and descriptions of each category, click the link below.

PHOTO CONTEST



When you said we were going for a holiday, I thought we'd get a little further than Boston Pizza.



Building on our commitment to support ARTA members from day one.

"It's very rewarding to work closely with ARTA members and find the insurance products and services that suit their needs."

*Laurie Bauer,
TW Business Development Manager*



Learn more ►



Subbing in Retirement

The Wellness Committee at ARTA is committed to providing our members with information on staying well in retirement. This month's article is about the social benefits of substitute teaching. Each month a committee member will provide our members with helpful information on emotional, spiritual, intellectual, physical, financial, or social wellness.

[READ MORE](#)

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ALBERTA RETIRED TEACHER ASSOCIATION

Save up to \$2000
on your hearing aid purchase!

Use promo code:
ENS-2000-ARTA

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Election Advocacy

To prepare ARTA members for the upcoming provincial election, ARTA's Strategic Planning & Advocacy Committee has sent a list of questions to each of Alberta's registered political parties for response. These questions highlight issues of importance to Alberta's seniors.

To view the full list of questions, along with the responses received, visit the link below. The responses are presented as they were received and have not been altered in any way.

[ALBERTA ELECTION](#)

DID YOU KNOW?

ARTA is a separate and independent association from the other teacher organizations in the province. ARTA is governed by a Board of Directors made up of retired teacher volunteers.

CO collette

SAVE UP TO
20% OFF*

Hello SPRING SAVINGS

TOURS & CRUISING WORLDWIDE
USE CODE: **HELLOSPRING23**

ARTA Members – use offer code **ARTASAVE** to save up to an additional \$100 pp*

TRAVEL NOW

*Restrictions Apply

STAY CONNECTED and ENGAGED!

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Give us a call at 1-855-212-2400 or check us out online!

ARTA.net

ARTA LINKS

ARTA