

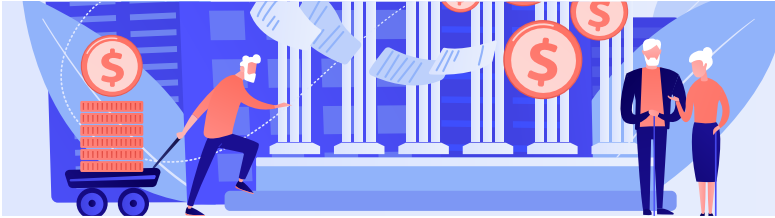
# ARTA

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APRIL 2022



## ALBERTA RETIRED TEACHERS' ASSOCIATION NEWSLETTER



### Pension Protection

Pension protection is not a guarantee in Canada, even though over four million Canadians rely on their pensions for financial stability in retirement. Since 1982, more than 250,000 Canadian seniors have lost their pension incomes due to corporate insolvency, and as the pandemic has put further stress on businesses in every sector, loss of pensions is a greater risk than ever.

There has been slow progress towards proper pension protections for seniors, but an official law has yet to pass. The Canadian Federation of Pensioners is calling on all Canadians to sign their official, House of Commons petition to push the Government to take action and develop a solution that will protect the livelihoods of Canada's seniors.

If you're interested, please take a moment to sign this petition to bring this issue to the attention of Parliament.

**SIGN ELECTRONIC PETITION**



### Charity Golf Classic SOLD OUT!

The ARTCF Charity Golf Tournament for 2022 is SOLD OUT.

We would like to extend a big thank-you to everyone who signed up!

If you are still hoping to attend, our friends at Chartwell Retirement Residences are giving away two twosome spots to participate!

All you have to do is reply to our April 19<sup>th</sup> skill-testing question on our social media channels (**Facebook**, **Instagram**, **Twitter**, and **LinkedIn**).

You can enter up to four times (once per share and answer per social media platform).

The contest closes Sunday, April 24.

Winners will be announced Monday, April 25.

Good luck!



## Insurance served your way

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**GET A QUOTE**

\*Restrictions apply.



## Fundraising for Ukrainian Education Needs

As the war in Ukraine continues, devastating reports indicate over ten million Ukrainians are on the move. This means an increasing number of school-aged children and youth are displaced and living in the countries bordering their homeland. Parents and teachers are doing their best to find ways for children to continue their schooling, but there are still many without access to education.

The Canadian Ukrainian Foundation (CUF) has been active both in Ukraine and in surrounding countries, working to ensure displaced children are able to continue their studies by accessing books, school supplies, and proper instruction. If you'd like to donate to the cause, you can do so through the CUF's partner organization, The Ukrainian Foundation for College Education (UFCE) Trust.

Cheques can be sent directly to:

**UFCE Trust**  
**c/o 12414-28 Avenue NW**  
**Edmonton, AB T6J 4E4**

**ATTN: Ukraine Education Fundraiser**

Donations can also be made by e-transfer to the UFCE Trust at [info.ucfetrust@gmail.com](mailto:info.ucfetrust@gmail.com).

If you have any questions about how the donations will be used or would like to learn about other ways you can help, contact [info@cufoundation.ca](mailto:info@cufoundation.ca).

## ARTA Scholarships



### 2022 Scholarships

Applications for the ARTA-TW Insurance Degree Scholarship and the ARTA Certificate/Diploma Scholarship are welcome from direct relatives (children, grandchildren, 1<sup>st</sup> and 2<sup>nd</sup> generation nieces and nephews) of current ARTA members. For more information, please visit the ARTA Scholarship webpage.

**SCHOLARSHIPS**



## Happiness

The Wellness Committee at ARTA is committed to providing our members with information on staying well in retirement.

This month's article focuses on cultivating happiness in retirement.

**READ LATEST POST**

## Financial Wellness Book Review

The Pension & Financial Wellness Committee has reviewed David Aston's book *The Sleep-Easy Retirement Guide*. Click on the button below to read more.

**READ BOOK REVIEW**

**merittravel**

CELEBRATING  
30  
YEARS

**Golf** ★  
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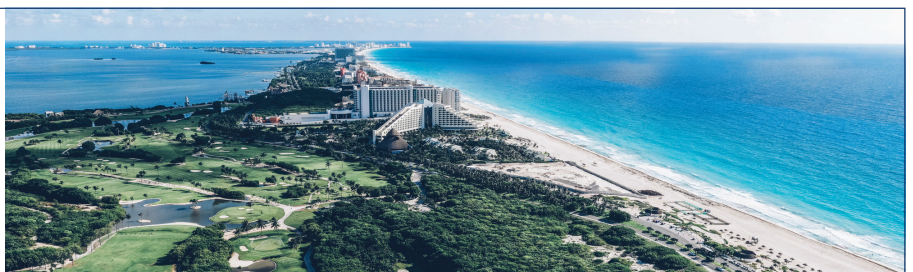
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## Between the Lines, by Mary Whale

ARTA members are invited to participate in an art project set to challenge the stigmas around ageing. Artist Mary Whale will be collaborating with seniors aged eighty and above, creating a watercolour portrait of each participant from her studio in Edmonton while interviewing them to learn their stories.

Each participant will have their images and stories featured in an art show in June 2023 as part of Seniors' Week and will receive a copy of their portrait and story. To learn more about this project, or to volunteer your time and story, contact Mary at [mary\\_whale@telus.net](mailto:mary_whale@telus.net). To learn more about Mary's work, visit her website: [beautyinaging.weebly.com](http://beautyinaging.weebly.com).



### Love Your Ears

Hearing makes more possible.  
ARTA members and their families  
can take a free hearing test at  
HearingLife—no referral required.  
Loving your ears is self care.  
Take care of yourself!

**Book a FREE  
hearing test today**

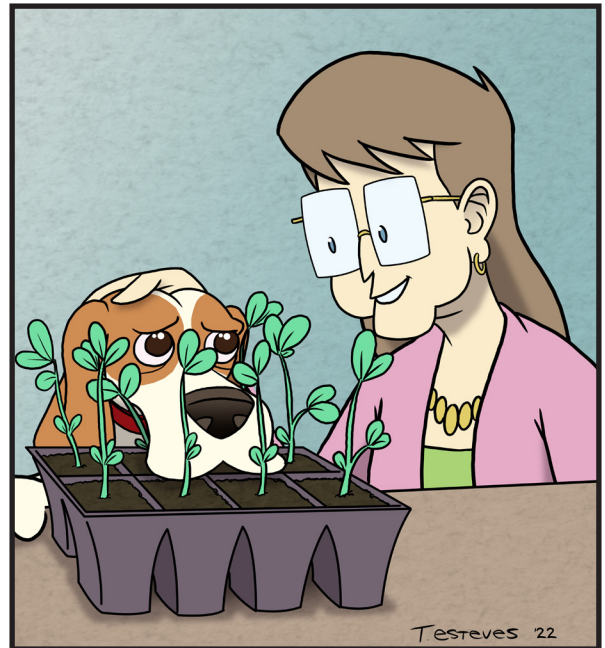


## ARTA's 2022 Wellness Challenge

From April 1 until June 30, track your time spent being active **or** steps, and you could win some great ARTA prizes! For more information, and for some ideas on how to get active, visit the link below.

**WELLNESS CHALLENGE**

## ARTAficial Flavours



*Are you trying to get as much love  
and attention as I give the snap peas?*

### •IMPORTANT QUICK LINKS•

[Claims & Benefit  
Forms](#)

[Emergency Travel  
Contract](#)

[ARTARx](#)

[MyARTA Benefits  
& Claims](#)

### STAY CONNECTED and ENGAGED!

Hungry for more great ARTA content? Share your stories or comments at [marketing@arta.net](mailto:marketing@arta.net).  
Give us a call at 1-855-212-2400 or check us out online!

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