

Renewal Statement Distribution

Renewal Statements are rolling out to ARTA Benefit Plan members throughout the month. Each ARTA member will receive a mailed copy of their renewal statement by the end of September 2022, or they can be viewed through **MyARTA.net** when they become available.

- Members on Comprehensive Plans can view their statement beginning September 1.
- Education Sector members with Total Health, Ultimate Health, or ARTARx+Travel can view their statement beginning September 8.
- Members with Health Wise, Health Wise Plus, ARTARx, and Dental Only can expect their statement by September 15.
- Public and Private Sector members on Total Health, Ultimate Health, or ARTARx+Travel can expect their statement by September 22.

These renewal statements contain changes to the ARTA Benefit Plan which take effect November 1, 2022, including premium updates and plan enhancements. Please take time to review your Renewal Statement when it becomes available. If you have not received your Renewal Statement by September 30, 2022, or if you have any questions about your Statement, please contact ARTA's Member Services Centre at **info@arta.net**, 780-989-8709 in the Edmonton area, or toll-free at 1-855-444-ARTA (2782).

[VISIT MyARTA](#)



Making a Benefit Plan

A lot of thought goes into making the ARTA Benefit Plans. They are reviewed by ARTA staff, the Health Benefits Committee, and the Board of Directors to ensure they continue to meet our members' needs, both in terms of their coverage and the financial realities of the plans' incurred costs.

An article on the making of a benefit plan was featured in the latest **news&views** and can also be found on our website. To read more, click on the button below.

[READ MORE](#)

news&views

Autumn 2022: Making It

Have you embraced creativity in retirement? The latest issue of **news&views** is available on our website and on Joomag, and it's all about the different ways you can "Make it" as you age.

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ARTA Emergency Travel Insurance — Travel Advisory Exclusion

Normally, ARTA's Emergency Travel Insurance covers members for a period of 92 days (with the option to extend) in the event of sudden and unforeseen medical expenses. However, this coverage is limited in countries and regions that have an active level 3 (Avoid non-essential travel) or level 4 (avoid all travel) advisory in place from the Government of Canada, with the limitations determined by the type of travel advisory.

Travel advisories can be related to civil unrest, war, public health concerns, and more. For example: Ukraine, Belarus, and Russia all have a level 4 advisory status (avoid all travel) due to the current military conflict. So, if you suffered a broken leg in Ukraine unrelated to the war, you would be covered, however, if you were injured by an act of war, you would not be covered.

As of February 2022, advisories related to COVID-19 do not affect Emergency Travel Insurance for ARTA members, though trip cancellation or interruption due to COVID-19 after you depart on your trip remains excluded from coverage.

If a travel advisory is put in place after you have departed for your trip, your coverage remains in place, ARTA members are no longer required to return home within 10 days of the advisory taking effect.

You can check the advisory status of your destination, as well as find more specifics about the nature of the advisory, from travel.gc.ca/travelling/advisories.



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Active Aging

The Wellness Committee at ARTA is committed to providing our members with information on staying well in retirement. This month's article discusses Active Aging Week — set for October 3-9, 2022.

Each month a committee member will provide our members with useful information on emotional, spiritual, intellectual, physical, financial, or social wellness. You can find the blog posts on arta.net under the WELLNESS tab.

READ MORE



**"I'D HATE TO GET
THROUGH THE
PANDEMIC JUST TO
END UP IN THE
HOSPITAL WITH THE FLU."**

Help protect yourself from the flu.

You're doing everything you can to protect yourself from COVID-19. But what about the flu? If you're 65+, you're at high risk for serious complications from the flu – including hospitalization and death. This year, help prevent infection - be sure to get your shot.

Get your flu vaccine from your doctor or pharmacist.

Influenza vaccines do not treat influenza and will not prevent hospitalization or complications after the onset of illness. As with all vaccines, immunization does not provide 100% protection.

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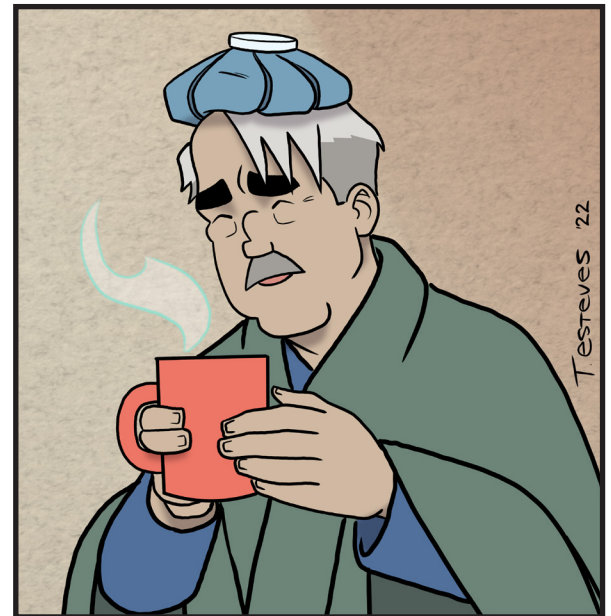


NOT Back to School Sale

We're celebrating our retirees with a NOT Back to School sale! Visit the ARTA apparel store to outfit yourself for retirement — 30% off Expression sweatshirts and hoodies and 50% off ball caps. The sale runs throughout the month of September. Discounts will be applied at check out, so when you're shopping, know that the final price will be less than what is displayed!

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